

The Chakras and Dynamic Transformations

with Allan Ajaya, Ph.D.

Friday 6/18, 7-9 pm and Saturday 6/19, 1-5 pm

Learn to transcend the fundamental polarities of life, where we experience melodramas, suffering, distress and physical symptoms. Each session will include theory and practicum.

Friday: Overview and resolving trauma

Saturday: Beyond addiction and power struggles

Opening the heart

From scarcity to abundance

Experiential inquiry



**Friday \$50 / Saturday \$85 / Both \$125 if signed up by 6/11.
Please call 317-257-9642 to register or for further information.**

A caring psychotherapist and mentor, Dr. Ajaya is an innovator in the practice of enhancing western psychology with eastern spiritual practice. As Swami Ajaya, he spent years in India studying and teaching yoga and meditation. Dr. Ajaya authored, co-authored, compiled, and edited several landmark texts that integrate Eastern and Western approaches. These include Yoga and Psychotherapy, Yoga Psychology, and Psychotherapy East and West.

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